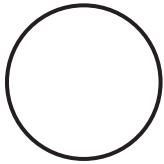


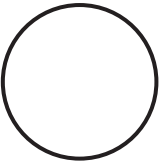


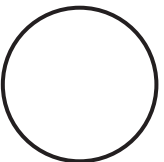
My Morning Routine

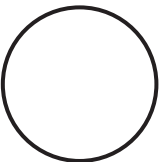


Lyla and her family have a lot to do in the morning — and so do you! Draw or write what you do in your morning routine. You can use the list at the bottom of the page for help. Write numbers in the circles to help you remember the order you do each part of the routine.









Cut out the badges. Glue them to the circles in your checklist when you've finished each part of your routine. You can do it!



- Wash your face
- Comb your hair
- Brush your teeth
- Get dressed
- Make your bed
- Eat a healthy breakfast
- Say "Good morning!" to someone



Find more games and activities at pbskids.org/lyla