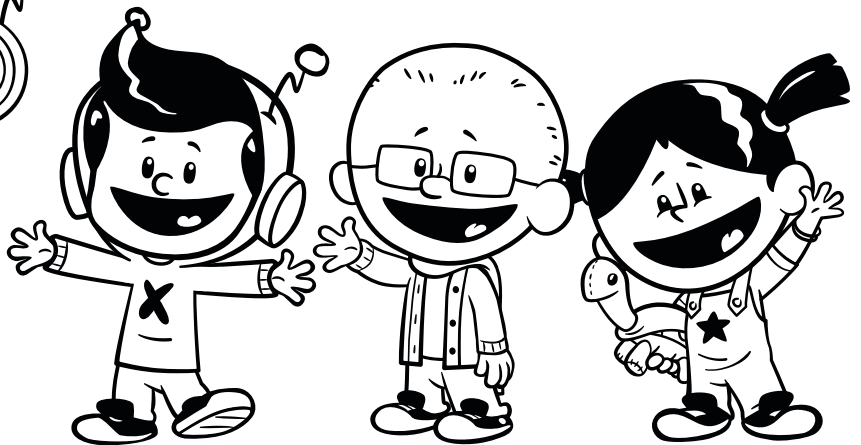
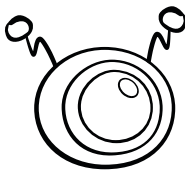
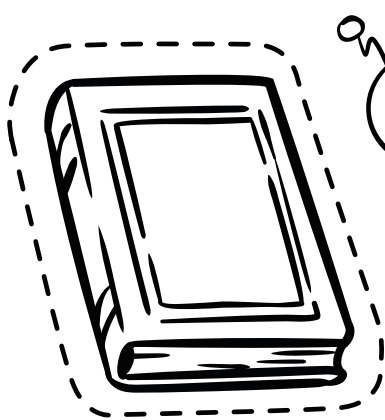
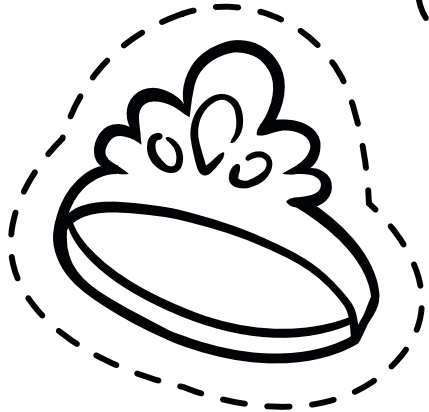
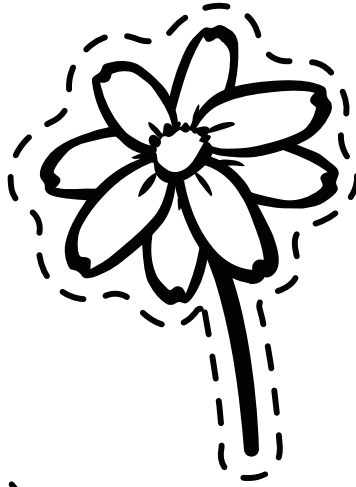
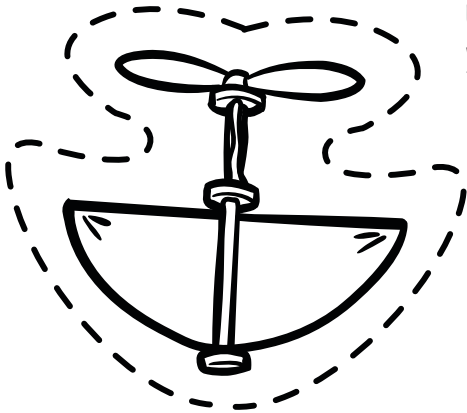




# Make a Back to School Time Capsule

Xavier, Brad, and Yadina meet heroes that left an impact on the world and artifacts behind. Encourage your child to create a time capsule of their own artifacts and goals for the school year. You can use envelopes (old mailers are great!), shoe boxes, or paper bags. The most important part is that they're sealed, labelled, and safe to open later! At the end of the year, open the time capsule together and talk about the ways your child has grown.

Use the art on this page to decorate the time capsule. You can also add your own drawings!



Find more games and activities at [pbskids.org/xavier](https://pbskids.org/xavier)

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Based on Brad Meltzer and Christopher Eliopoulos' best-selling kids book series

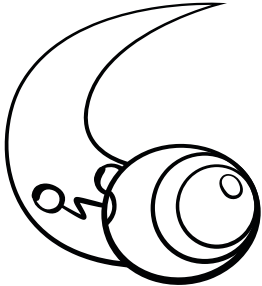




# My Goals for the New School Year

As Xavier, Brad, and Yadina meet heroes, they learn important life lessons. These strengths are things we grow and practice over time – as people of all ages!

Watch the Xavier Riddle shorts with your child. Then, help them fill out this list together with ways they want to practice and grow throughout the school year. It can help to share examples of ways you have practiced these skills too! Include this list in their time capsule.



**Perseverance means to stick with something and not give up, even when it's difficult. I will practice persevering by**

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**Being kind and caring to the people around you is how you show compassion. I will practice compassion by**

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**Honesty means doing the right thing and telling the truth, even when it's hard. I will practice honesty when**

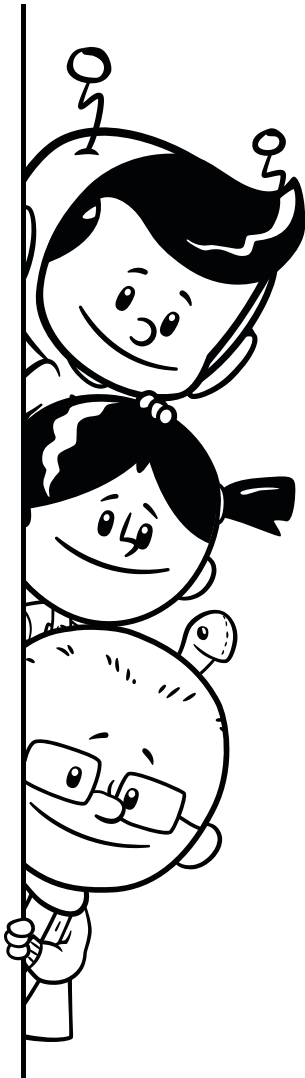
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**Courage means bravely moving forward, even when you are scared. I will practice courage by**

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**Responsibility means making good choices and taking care of who and what's around you. I will practice responsibility by**

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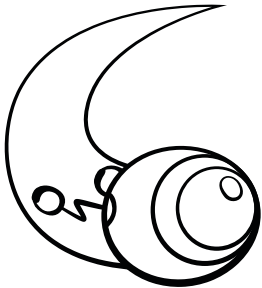




# My Goals for the New School Year

As Xavier, Brad, and Yadina meet heroes, they learn important life lessons. These strengths are things we grow and practice over time – as people of all ages!

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**Gratitude means being grateful and thankful for what you have and the people around you. I will practice gratitude by**

---

**Curiosity is all about wanting to learn more about something or someone else. I will practice curiosity by**

---

**Creativity is about using your imagination to solve problems and finding ways to do things differently. I will practice creativity by**

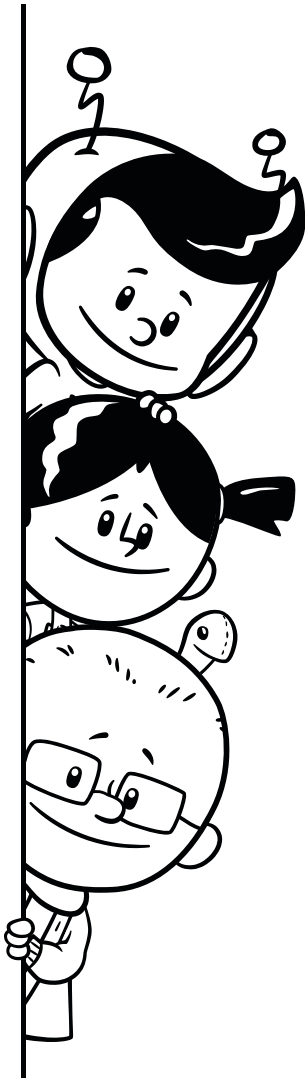
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**Can you think of other ways you'd like to grow this year? Maybe you'd like to meet a new friend or try something new. Write down your ideas here!**

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