Curious George®

Chef Pisghetti's Giardino Burgers



Make giardino burgers just like George did!
Makes about 6 burgers.

INGREDIENTS:

1 15-oz. can garbanzo beans (chick peas)
3 eggs
Salt & pepper
1 cup bread crumbs
6 hamburger buns
Ketchup, mustard, etc.

DIRECTIONS:

1. Ask a grown-up for help
2. Preheat oven to 350°.
3. Put the garbanzos and eggs in a bowl and mash them together.
4. Season with salt and pepper.
5. Add the bread crumbs and mix them in.
6. Add any veggies you like. Experiment like Chef Pisghetti did to find YOUR perfect burger!
7. Form the mixture into patties: after washing your hands, take a handful and roll it into a ball. Then flatten the ball between your hands to make the patty.
8. Put patties on a baking sheet and bake at 350° for 25 minutes.
9. Place cooked burgers on buns and add whatever you would add to a hamburger.
10. EAT AND ENJOY!

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