

# MAKING LOVE YOU LOOPS

**Love You Loops** are interlocking paper loops that can be made for children to help them understand the number of days a parent or loved one will be traveling away from home. This fun activity can help ease your children's feelings about being away from you.

Your family can make **Love You Loops** together, or a parent or caregiver can make them on their own and include a daily surprise message inside each loop.



## MATERIALS

Here's what you'll need to make **Love You Loops**:

- A template (see following page) or colorful construction paper
- Tape or glue

## INSTRUCTIONS

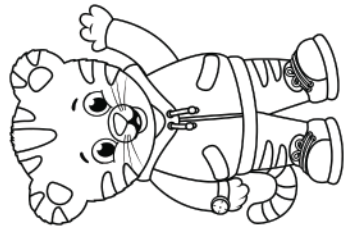
- Adults should cut strips of paper for the loops. Cut one strip for each day that you will be away.
- If you want to leave a surprise message in each loop, write or draw your message inside each loop before you link the loops. If you are doing this activity with your children, they could color or draw on each strip.
- Tape or glue the two ends of the first strip together to make a circle.
- Put another strip through the circle you made, and tape or glue its two ends together.
- Continue looping until you've made a loop for each day that you will be away.

On the day you are leaving, explain to or remind your children how to use the **Love You Loops**. It works best for young children and the person who will be caring for them while you're away if they open the loops at approximately the same time every day. That might be at breakfast, dinner or bedtime.

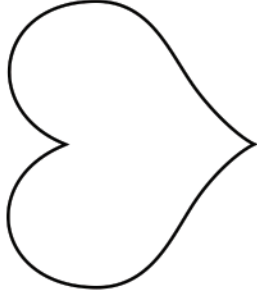
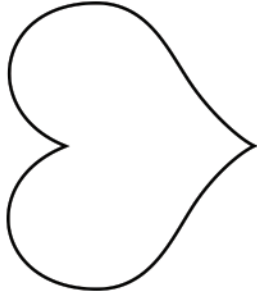
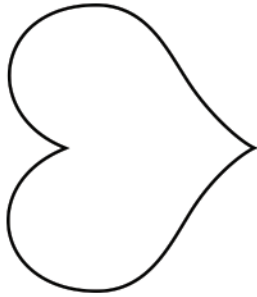
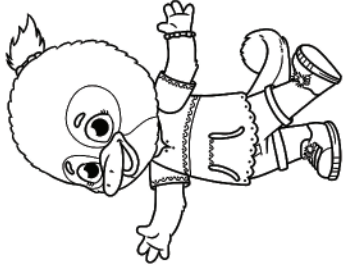


This activity is suggested when the adult's time away from home will be relatively short. If a parent or caregiver needs to be away from home for an extended period of time, you may want to consider a different activity to help the child manage feelings that can arise due to a longer separation from a loved one.

If you want to read more about preparing your child for times when you're traveling without them, [click here](#).



**Ugga  
Mugga**



## LOVE YOU LOOPS SONG

If your children need help remembering what they will do with the **Love You Loops** on the days that you are traveling and are away from home, you can cut out these lyrics and place them near the loops that you've made. The adult(s) who is caring for your children can read/sing the lyrics with them. This interaction may also help children manage their feelings.



Love you, love you, love you loops.  
Open a loop every day that \_\_\_\_\_ is away.



Explore the PBS Parents site for lots of information about *Daniel Tiger's Neighborhood*, including episode summaries, learning goals, birthday party ideas, and more at [pbs.org/parents/daniel](https://pbs.org/parents/daniel)