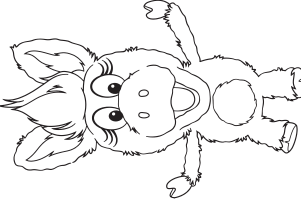
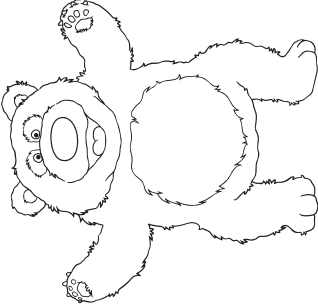




Goal Rings

Here are three tips for goal setting: Draw it, Plan it, Do it! Cut along the lines below to make paper strips. Draw or write your goal on the "My goal is" strip. Think of each step of your goal and write or draw it on a paper strip. Line them up in order from first to last step. When you complete the first step, create a loop and secure it with a piece of tape. After you complete each step, create another loop and connect the rings. When you finish the final step, celebrate and say "GOAL!" as you add the "Goal" ring. You'll feel hee-hawesome when you set a goal and achieve it.

My goal is

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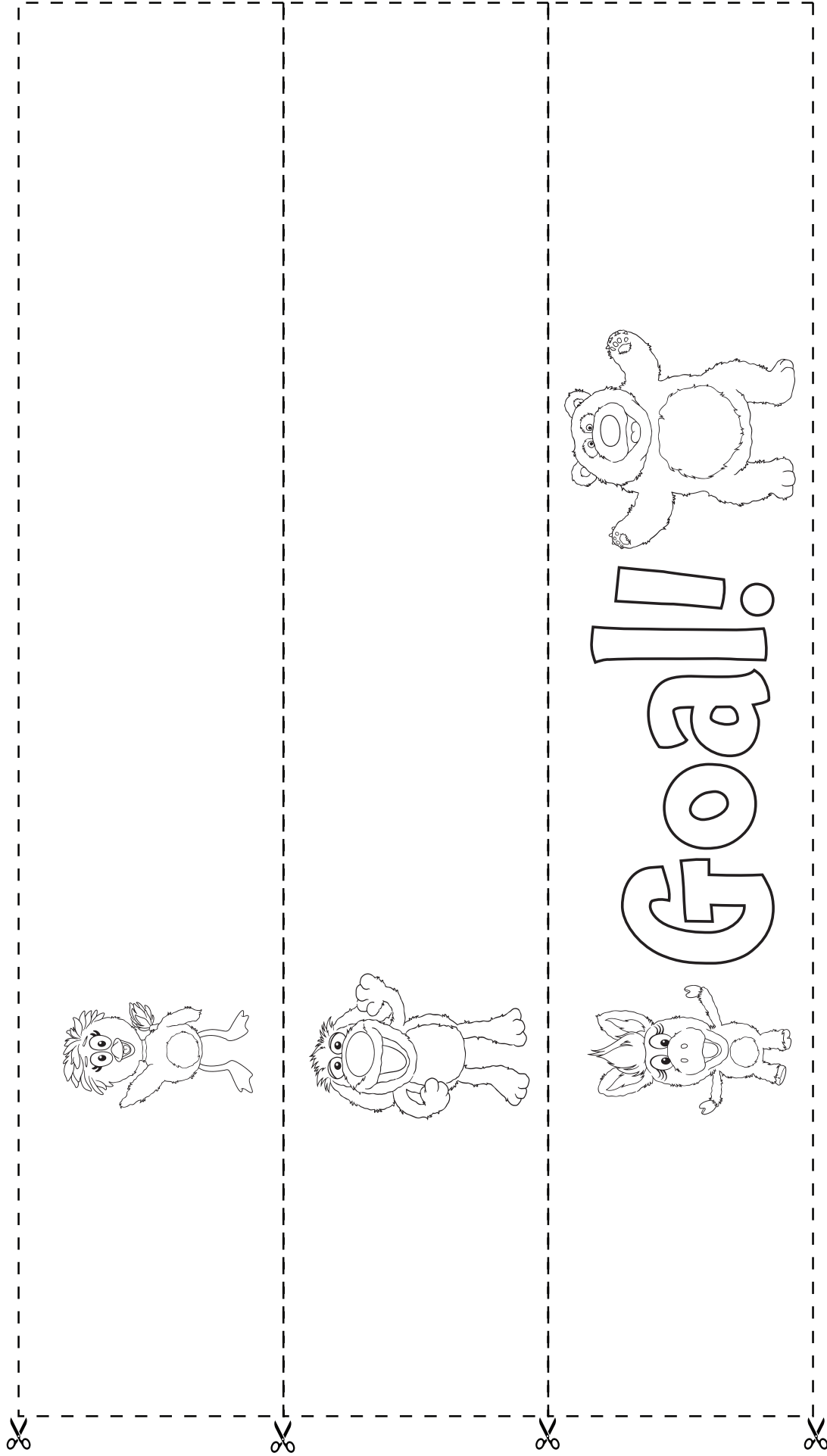
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Goal Rings



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