

Encouragement Cards

1. Ask an adult to cut out the encouragement cards.
2. On the blank card, draw yourself and add positive words of encouragement.
3. Place all the cards in an empty jar.
4. Read a card every morning or whenever you need a boost!
5. Go to pbskidsforparents.org to learn how to create an encouragement jar.



  <p>Take every chance you get to help others. <i>Eleanor Roosevelt</i></p>	  <p>New adventures are exciting. <i>Alexander Hamilton</i></p>
  <p>Learning can take you anywhere. <i>Frederick Douglass</i></p>	  <p>Solve problems in a positive way. <i>Marie Owens</i></p>
  <p>Ask for things the right way. <i>Cleopatra</i></p>	  <p>Tell people when there's a problem so you can solve it together. <i>Golda Meir</i></p>

Find more games and activities at pbskids.org/xavier

Produced by:

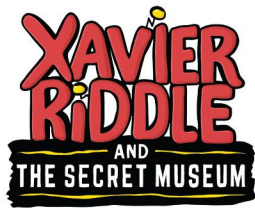


Sponsored by:



Based on Brad Meltzer and Christopher Eliopoulos' best-selling kids book series





Encouragement Cards



If you want to get better at something, you have to work hard and practice.

Johann Sebastian Bach



Speak up for yourself.

Winston Churchill



It's important to help others as best you can.

Florence Nightingale



A good leader takes care of his or her team.

George Washington



Follow your dreams, no matter what.

Marie Curie



Your imagination makes everything more fun.

Charles Dickens



Slow down and think through problems.

Issac Newton



You can do a lot with what you've got.

Abigail Adams

Find more games and activities at pbskids.org/xavier

Produced by:

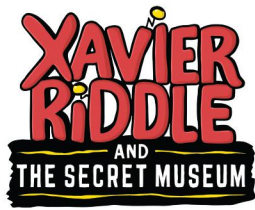


Sponsored by:



Based on Brad Meltzer and Christopher Eliopoulos' best-selling kids book series





Encouragement Cards



When you love doing something, keep trying.

Anna Pavlova



Think big.
Nikola Tesla



When you really want to do something, be bold.

Nellie Bly



Courage is bravely moving forward even when you're scared.

Harriet Tubman



Treat others how you would like to be treated.

Confucius



Draw your own here!

Find more games and activities at pbskids.org/xavier

Produced by:



Sponsored by:



Based on Brad Meltzer and Christopher Eliopoulos' best-selling kids book series

